# **Rocky River Ranch Class Information 2023**

Sessions 1,3,4 & 6

#### 9<sub>am</sub>

**Anything Goes** 

Archery Baking

Challengers (5th grade +)

Crafts Dance

Farm Animal Fun Horseback Riding

Painting River Sports

Sewing: PJ Bottoms

Sport-A-Day

Diving Galore & More!

Yarn Girls

### 10am

9G+

Archery Baking

Challengers (5th grade +)

Character and Costume Creation

Crafts

Synchro Swimming

Doll Making Farm Animal Fun

Horseback Riding

Miniatures River Sports

Sewing: PJ Bottoms

Tennis Ukulele 101

## 11am

9G+

**Anything Goes** 

Archery Baking

Challengers (5th grade +)

Diving Galore & More!

Doll Making Drama

Farm Animal Fun Horseback Riding

Miniatures River Sports

Sewing: PJ Bottoms

# Sessions 2 & 5

# 9am

Archery Baking

Challengers (5th grade +)

Crafts Dance

Doll Making (1st week)
Farm Animal Fun
Horseback Riding
Miniatures (1st week)
Painting (2nd week)
River Sports

River Sports

Sewing: PJ Bottoms

Sport-A-Day

Synchro Swimming (Beg/Inter.)

Yarn Girls (2nd week)

### 10am

Archery Baking

Character and Costume Creation

Challengers (5th grade +)

Crafts

Farm Animal Fun Horseback Riding Miniatures (1st week) Painting (2nd week) River Sports

Sewing: PJ Bottoms

Synchro Swimming (Advanced)

Tennis Ukulele 101 Yarn Girls

#### 11am

9G+

**Anything Goes** 

Baking

Challengers (5th grade +)
Doll Making (2nd week)

Drama

Farm Animal Fun Horseback Riding Miniatures (1st week) Painting (2nd week) River Sports

Sewing: PJ Bottoms Water Aerobics

Yarn Girls (1st week)

# **Class Descriptions**

**9G+** Learn, play, and hone your skills in active and fast-paced games: Ga-Ga, 9-Square, murbles, sprout ball and more! All ages and abilities welcome.

**ANYTHING GOES** Together the class chooses from a list of activities. Vote on fun things to do such as crafts, games, snack making, etc. Anything goes!

**ARCHERY** Bows and arrows aimed at the targets down range! In this class girls will learn archery basics and improve upon existing skills. They will play fun games each day and get lots of practice for the tournament at the end of the week!

**BAKING** Girls will learn baking techniques and tips as they get their hands messy baking lots of tasty treats!

**CHALLENGERS** Love a challenge? This class rotates through Climbing Wall, Rappelling, the Screamer and Crate Stacking - each day a new challenge! Must be going into 5th grade or older.

**CHARACTER AND COSTUME CREATION** In this class campers will unleash their imagination by designing a character, work to create a one of a kind costume out of a variety of materials and techniques, and have fun with the process.

Warriors, princesses, super heroes, animals or a mixture of all the above - the sky is the limit!

**CRAFTS** This class is for makers who want to unleash their creativity on several hands on projects during the week.

**DANCE** Learn steps for different types of dance (such as ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

**DIVING GALORE & MORE** Jump, dive and splash! Learn different dives, tricks, and games in this fun pool class. This class is for girls who want more time in the pool!

**DOLL MAKING** Learn and use hand sewing techniques to create your own unique Rocky River doll.

**DRAMA** Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out for different roles at the beginning of the week. Open to all skill levels with lots of opportunity to learn. For those who want to be involved behind the scenes, we will have some tech roles too. (This class meets both weeks of 2-week sessions.)

**FARM ANIMAL FUN** Pet and care for our goats, horses, rabbits and our crazy chickens. We will learn a bit about farm animal care and have fun with some adorable animals.

#### HORSEBACK RIDING

These classes will focus on learning about horses from the ground up. Our focus is on western equitation, safe seat, voice cues, and gentle reigning through lessons and games. Our ground lessons focus on safe handling and bonding through learning about grooming, body, saddles, and training techniques. All riders will work activities based around their skill level. Our riding lessons are built around teaching and improving riders core skill set, so that they can be successful in any equestrian discipline they choose to pursue. Additional fee of \$35 applies. During registration you will show your interest in this class and we will contact you with more information.

**MINIATURES** Learn how to create teeny-tiny objects for a tiny room you'll love to take home and display.

**PAINTING** Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class.

**RIVER SPORTS** We've combined all of the river favorites into one class! Enjoy the Blanco River as you try things like kayaking, paddle boarding, log rolling, fishing, venturing up or down river, snorkeling, and rock hunting!

#### **SEWING: PJ BOTTOMS**

Learn sewing machine basics and practice your skills by making PJ bottoms of your choice- shorts, pants, with pockets, without pockets- it's your choice! All levels welcome. We will send an email closer to the summer with a supply list to bring to camp.

**SPORT-A-DAY** Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, and sprinkler kickball - just to name a few.

#### SYNCHRONIZED SWIMMING You'll

learn sculling, breath control and water ballet moves. You will also learn and practice a routine to perform during the end of session performance. (This class meets both weeks of 2-week sessions.)

**TENNIS** All levels welcome as you learn, practice, and perfect your tennis skills!

**UKULELE 101** In this class girls will be taught Ukulele basics while having fun. All levels of musicians are welcome! Ukuleles will be provided by RRR for the girls to learn and practice while here.

**WATER AEROBICS** This is for girls who love the pool and fitness. Spend time doing aerobic exercises in the pool!!

YARN GIRLS Learn the basics of knitting, crocheting or embroidery as well as expand skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!

# **AFTERNOON CLASSES 2023**

Morning classes will be individualized and 5:00 class will be done with cabin groups. Girls will make their own choices at 9:00, 10:00 and 11:00 and cabins will rotate through the activities below in the 5:00 hour.

In Sessions 2 and 5 only, 5:00 class will be the ones below for the first week and during the second week. Counselors will design unique classes that the campers will sign up for individually while at camp.

#### NAME TAG PAINTING AND FRIENDSHIP BRACELET

MAKING Everyone loves these two camp classics! Get creative and learn some new skills as you create unique accessories.

**TASK MASTERS** Cabin groups will work together to solve problems and riddles in this 'escape room' type experience. Cabins will have fun working together to unlock their prize.

RRR NINJA TRAINING Girls will have fun learning important skills such as balance, agility, flexibility, stealth, and a zen like mindset. Then they will put it all together to complete a ninja challenge!

**BOOK MAKING** Create, assemble, decorate, illustrate and/or author your own book. This activity is set up with a build your own format to let the creative juices flow!

**STAGE GAMES** With the 49er stage as the backdrop, cabin groups will create skits, practice accents and play silly games while taking the spotlight!

**GRUBBY GALS** Learn and practice camp songs with their motions, table chants such as 'sevens', enjoy a snack, and learn some table etiquette!